



Homewood Middle School Breakfast & Lunch Menu - March 2010



Mon	Tue	Wed	Thu	Fri
<p style="text-align: center;">1</p> <p>*Waffle Sticks *Sausage Link Mandarin Oranges</p> <hr/> <p>Crispitos Chicken Fajitas Whole Kernel Corn Mexican Beans Brown Rice Shredded Romaine Diced Tomatoes Salsa/Sour Cream Mandarin Oranges Fresh Apple</p>	<p style="text-align: center;">2</p> <p>*Ham and Cheese Biscuit Chilled Pears</p> <hr/> <p style="text-align: center;">Pizza</p> <p>Cheeseburger Baked Fries Steamed Broccoli Corn on the Cob Tossed Romaine Salad Chilled Pears Fresh Fruit of the Day</p>	<p style="text-align: center;">3</p> <p>*French Toast Sticks Fruit Cocktail</p> <hr/> <p>Baked Chicken Vegetable Beef Soup Brown Rice/Gravy Green Peas Sweet Potatoes WW Roll Crackers Fruit Cocktail Banana</p>	<p style="text-align: center;">4</p> <p>*Egg/Cheese Omelet *Cinnamon Toast Chilled Peaches</p> <hr/> <p>Baked Lasagna Corndog Green Beans Cinnamon Apples Tossed Romaine Salad WW French Bread Chilled Peaches Fresh Fruit of the Day</p>	<p style="text-align: center;">5</p> <p>*Pancakes Applesauce</p> <hr/> <p>Chicken Tenders Creamed Potatoes Chicken Gravy Black-Eyed Peas Turnip Greens Squash Casserole WW Cornbread Applesauce Fresh Fruit of the Day</p>
<p style="text-align: center;">8</p> <p>*Ham/Egg/Cheese Bagel *Oatmeal Mandarin Oranges</p> <hr/> <p>Scrambled Eggs Cheeseburger Sausage Pattie Baked Ham Grits Potato Rounds Biscuit/Gravy Mandarin Oranges Fresh Apple</p>	<p style="text-align: center;">9</p> <p>*Sausage Biscuit Chilled Pineapple</p> <hr/> <p style="text-align: center;">Pizza</p> <p>Stromboli/Marinara Sauce Baked Fries Succotash Steamed Broccoli Tossed Romaine Salad Chilled Pineapple Fresh Fruit of the Day</p>	<p style="text-align: center;">10</p> <p>*Breakfast Pizza Applesauce</p> <hr/> <p>Tacos Chicken Fajitas Mexican Beans Brown Rice Whole Kernel Corn Shredded Romaine Diced Tomato Salsa/Sour Cream Applesauce Banana</p>	<p style="text-align: center;">11</p> <p>*Pancakes Chilled Peaches</p> <hr/> <p>Hamburger Steak Brown Gravy Chicken Sandwich Creamed Potatoes Green Beans Glazed Carrots WW Rolls Chilled Peaches Fresh Fruit of the Day</p>	<p style="text-align: center;">12</p> <p>*Egg/Ham/Cheese Biscuit *Hash Brown Potatoes Fruit Cocktail</p> <hr/> <p>Sack Lunch Sandwich of the Day Veggie Dippers Sun Chips Fruit of the Day Milk</p>
<p style="text-align: center;">15</p> <p><u>Offered Daily:</u> Choice of Milk Assorted Fruit PBJ Sandwich Chef Salad Grab n' Go Plate</p>	<p style="text-align: center;">16</p> <p><u>Breakfast Includes:</u></p> <p style="text-align: center;">Milk Fruit <u>OR</u> Juice</p> <p style="text-align: center;"><u>AND</u></p> <p>Wheat Toast/Cereal <u>OR</u> *Breakfast Special</p>	<p style="text-align: center;">17</p> 	<p style="text-align: center;">18</p> <p>March is National Nutrition Month</p> <p style="text-align: center;">March 8-12 is: National School Breakfast Week</p>	<p style="text-align: center;">19</p> <p>March Fruit and Veggie of the Month are:</p> <p style="text-align: center;">Banana Carrots</p>
<p style="text-align: center;">22</p> <p>*Oatmeal *Low Fat Yogurt *Cinnamon Toast Chilled Pears</p> <hr/> <p>Chicken Tenders Creamed Potatoes Chicken Gravy Black-Eyed Peas Turnip Greens WW Cornbread Chilled Apple Fresh Apple</p>	<p style="text-align: center;">23</p> <p>Waffle Sticks Sausage Link Applesauce</p> <hr/> <p style="text-align: center;">Pizza</p> <p>Sandwich of the Day Baked Fries Steamed Broccoli Corn on the Cob Veggie Dippers Applesauce Fresh Fruit of the Day</p>	<p style="text-align: center;">24</p> <p>*French Toast Sticks Fruit Cocktail</p> <hr/> <p>Spaghetti/Meat Sauce Chicken Parmesan Pasta/Marinara Sauce Green Beans Spiced Apples Fresh Spinach Salad WW French Bread Fruit Cocktail Banana</p>	<p style="text-align: center;">25</p> <p>Sausage Biscuit Chilled Peaches</p> <hr/> <p>Greek Style Chicken Beef Tips/Gravy Brown Rice Baked Sweet Potato Steamed Squash Green Peas Greek Style Salad WW Rolls Chilled Peaches Fresh Fruit of the Day</p>	<p style="text-align: center;">26</p> <p>*Pancakes Chilled Pineapple</p> <hr/> <p>Spicy Chicken Sandwich Fish Sandwich/Tartar Sauce Baked Fries Baked Beans Coleslaw Shredded Romaine Sliced Tomatoes Dill Slices Chilled Pineapple Fresh Fruit of the Day</p>
<p style="text-align: center;">29</p> <p>*Ham/Cheese on English Muffin Mandarin Oranges</p> <hr/> <p>BBQ Chicken Meatloaf Macaroni and Cheese Collard Greens Baby Lima Beans WW Cornbread Mandarin Oranges Fresh Apple</p>	<p style="text-align: center;">30</p> <p>*Sausage Biscuit *Grits Fruit Cocktail</p> <hr/> <p>Chicken Tenders Brown Rice Chicken Gravy Black-Eyed Peas Carrot Souffle Steamed Squash WW Rolls Fruit Cocktail Fresh Fruit of the Day</p>	<p style="text-align: center;">31</p> <p>*Pancakes Chilled Pineapple</p> <hr/> <p>Turkey and Dressing Baked Ham Cranberry Sauce Green Beans Broccoli with Cheese Sweet Potato Souffle WW Rolls Banana Pudding Chilled Pineapple Banana</p>	<p style="text-align: center;">Jeanette Hamm CNP Manager 870-3795</p> <p><u>Breakfast/Lunch Prices</u> Students \$1.25/\$1.75 Reduced \$.30/\$.40 Faculty \$1.50/\$2.50 Guests \$2.00/\$3.75</p>	