

# Community Resources

## [Alabama Department of Mental Health](#)

1-800-367-0955 | (334) 242-3454

The Alabama Department of Mental Health serves more than 200,000 Alabama citizens with mental illnesses, intellectual disabilities, and substance use disorders. The department strives to Serve, Empower, and offer Support to create awareness while promoting the health and well-being of Alabamians.

## [Alabama Post Adoption Connections \(APAC\)](#)

(205) 949-2722

Statewide program designed to empower adoptive families facing adoption challenges and to facilitate stronger bonds and interactions with adoptive families.

## [Alabama Tobacco Quitline](#)

Call 1-800 Quit Now (1-800-784-8669)

Free telephone and online coaching service for any Alabamian who is ready to quit tobacco.

## [ALL Kids -Children's Health Insurance Program](#)

1-888-373-KIDS (5437)

ALL Kids is a low-cost, comprehensive healthcare coverage program for children under age 19. Benefits include regular checkups and immunizations, sick child doctor visits, prescriptions, vision and dental care, hospitalization, mental health and substance abuse services, and much more.

## [Amelia Center](#)

(205) 638-7481

The Amelia Center is a comprehensive grief counseling center that provides individual and family counseling to children and teens who have experienced a death, or to adults who have experienced the death of a child.

## [Bradford Health Services](#)

(205) 942-3200 or 888-577-0012

Bradford is about helping people and families who are dealing with addiction achieve recovery.

## [Catholic Family Services](#)

(205) 324-6561

Counseling services at CFS are open to anyone regardless of religious affiliation. The agency offers these services to individuals and families who are encountering problems in their daily lives that go beyond their own abilities to resolve. Provides marriage, grief and bereavement, play therapy for children, adolescent, individual, and family counseling services.

## [Children's Behavioral Health](#)

(205) 870-5678

Outpatient clinic that provides care through a multidisciplinary team approach. Various types of therapy are provided including individual, family, and behavioral.

## [Child's Play](#)

(205) 978-9939

Offers speech therapy, occupational therapy, physical therapy as well as psychological services such as IQ/achievement testing, therapy and counseling. Small groups and camps are also offered.

## [CHIPS Center-Children's Hospital Intervention and Prevention Services \(CHIPS Center\)](#)

(205) 638-2751

CHIPS Center has been an outpatient center at Children's of Alabama since 1995 where children who have experienced suspected abuse and their families impacted by suspected abuse can come for support, hope, and healing. The CHIPS staff is a team of specially trained licensed professional counselors, doctors, licensed social workers, and sexual assault nurse examiners (SANE). CHIPS provides forensic medical evaluations, social work support services, counseling services, and prevention education services

## [Community Food Bank of Central Alabama](#)

(205) 942-8911

Collects surplus food and distributes through charitable and other non-profit organizations to feed hungry people in our twelve-county area.

## [Community Grief Support](#)

(205) 870-8667

Free services provided to adults 19 years or older. A safe place where people grieving the death of a loved one can meet with others who have had this experience. Together they learn how to regain control of their lives in an environment of care, comfort and healing.

## [Crisis Center, Inc.](#)

(205) 323-7782 (Office Line)

(205) 323-7777 (Crisis Line)

(205) 328-5437 Kids Helpline, Line Open 3-10PM

(205) 328-5465 Teen Helpline, Line Open 3-10 PM

Provides 24-hour, 365 days per year support, crisis and suicide intervention, community information and referrals through telephone counseling

## [Department of Human Resources \(Jefferson County, Alabama\)](#)

(205) 423-4850

The Alabama Department of Human Resources will help families receive the least disruptive services they need, when they need them, and for only as long as they need them in order to maintain children in or return them to a safe, stable home.

## [Exchange Club Family Skills Center](#)

(205) 801-5151

Acts as the principal child abuse and neglect prevention agency providing parent education and support to both parents and children in the greater Birmingham area

## [Family Court of Jefferson County](#)

(205) 325-5491

Exercises jurisdiction in matters involving children. These matters might include cases in which a child is alleged to be delinquent, dependent, or in need of supervision. The Court also exercises jurisdiction over other proceedings including establishment of paternity and child support enforcement, as well as protection from abuse.

## [Hispanic Interest Coalition of Alabama \(HICA\)](#)

(205) 942-5505

Provides services dedicated to the social, civic and economic integration of Hispanic families and individuals in Alabama.

## [IMPACT Family Counseling](#)

(205)916-0123

IMPACT Family Counseling is a 501© 3 Christian-affiliated, United Way agency located in Birmingham, AL. The agency provides outpatient counseling and a variety of other services such as mentoring, relationship education, family strengthening and anger management to all people, regardless of religion, sex, race, ethnicity, age, or disability.

## [Jefferson, Blount, St.Clair Mental Health Authority](#)

(JBSMHA) -Children's Services

(205) 595-4555

Provides non-traditional, intensive, home-based therapy and case management services to children with a serious emotional disturbance and their families who reside within the tri-county catchment area. Children eligible must be between the ages of 5-17 years.

## [Jessie's Place for Women and Children](#)

(205) 323-0170

A safe haven for women and children that offers Christ-centered support and counseling, helping them to become strong and self-sufficient.

## [Kids One Transport](#)

(205) 978-1000

Non-profit agency that provides transportation to medical appointments for children and expectant mothers.

## [MPower Ministries](#)

(205) 595-5959

To help people develop the tools to break the cycle of poverty

## [Mitchell's Place](#)

(205) 957-0294

Provides a wide range of specialized services for children with Autism.

## [Oasis Counseling](#)

(205)933-0338

Oasis helps people take better care of themselves, their relationships, and their families. Oasis' clients have experienced domestic violence, physical and sexual abuse, joblessness, death of loved ones, and more.

## [One Roof](#)

(205) 254-8833

One Roof connects individuals and families to appropriate resources related to their housing and service needs. Resources may be available for persons currently experiencing homelessness.

## [PAL-Parenting Assistance Line](#)

(866) 962-3030

The Parenting Assistance Line (PAL) is a free service available to anyone who wants information and support in becoming a more confident parent or caregiver.

## [Partnership for Drug Free Kids](#)

(855) 378-4373 or text 55753

Offers support and guidance to families struggling with their son's and daughter's substance abuse

## [Psychiatric Intake Response Center \(PIRC\)](#)

Located in the Emergency Depart. of Children's of Alabama

(205) 638-PIRC (7472)

PIRC is designed to assist patients, their loved ones and/or caregivers, and community providers in finding the appropriate level of mental health care. These services are provided via telephone or in person by licensed mental health clinicians trained to assess a child or teen's mental, emotional, and behavioral needs and recommend the best treatment options.

Anyone with a mental health question or concern regarding a child or adolescent is encouraged to contact the PIRC at 205-638-PIRC (7472)

PIRC is open seven days a week, year-round from 8 a.m. to 11 p.m.

Anyone experiencing a crisis should call 911 or go to the nearest Emergency Room.

Anyone experiencing suicidal thoughts should call the 24-hour, 7 day a week National Suicide Prevention Lifeline number at 1-800-273-TALK (8255).

### [Prescott House Children's Advocacy Center](#)

(205) 930-3622

Provides services to child victims of physical and sexual abuse, severely neglected children and children who have witnessed a violent crime. The Center is a 501 © 3 non-profit organization. It provides services for the Birmingham Division of Jefferson County as well as other areas as needed. Representatives from the Jefferson County District Attorney's Office, local law enforcement agencies, Alabama Department of Human Resources, and medical and mental health professionals work with Prescott House staff when cases are reported.

### [Recovery Resource Center](#)

(205) 458-3377

A central point of information concerning substance abuse treatment. The center's staff and volunteers answer questions, initiate the treatment process, and make referrals as needed.

### [Sarrell Dental Center](#)

(205) 425-1327

Non-profit agency that treats dental and vision needs of children ages 1-20 whose primary insurance is Medicaid. Agency also has school-based education programs that teach the importance of good dental care.

### [Sight Savers America](#)

1-877-942-2627 (local office in Pelham)

Provides no cost comprehensive eye care children each year through a network of child referral agencies, medical providers and other eye care professionals. The children's eye care network provides vision screenings, eye exams, eyeglasses, medications, surgeries, low vision assessments, vision aids and other therapeutic vision treatments. Coordination of transportation services and follow-up care are also provided.

### [UAB Beacon Recovery](#)

(205) 917-3733 ext.103

Outpatient and Intensive Outpatient substance abuse treatment for adults and adolescents ages 13-18

## [United Way of Central Alabama](#)

(205) 251-5131

Maintains a list of organizations that help with food, clothing, rehabilitation services, elder care, and more. The services are available in Jefferson, Shelby, Walker, Blount and St. Clair Counties from both public and private agencies. 211 information line – caller enters local zip code to be connected with United Way representative in their area who can assist in finding appropriate assistance program.

## [211 Connects Alabama](#)

Dial 2-1-1 or text or call (888) 421-1266

Dialing 2-1-1 connects you to a trained operator 24/7 that has access to a comprehensive database with a multitude of services in your community. By its design, the 2-1-1 system is ideally suited for serving as the initial contact point for any variety of programs. 2-1-1 is designed to assist families from all walks of life, but most importantly benefits our most vulnerable populations such as the elderly, people with disabilities, and low-income by facilitating access to public services.

## [YWCA Domestic Violence Services](#)

(205) 322-4878 - 24 hour Crisis Line

Provides shelter, counseling, advocacy, and case management for victims of domestic violence and sexual assault.